



le spa



Hotel and Retreats



le spa

Two Gymnasias with qualified personal trainers

18 metre swimming pool with outdoor sun-terrace

Sauna, steam room and whirlpool spa

Garden hot tubs

Fitness studio

Beauty and Holistic Therapy

The Red Restaurant

Famine or Feast Bar

White Room

Relaxation & Sleep Room

Dining Terrace with Outdoor BBQ

lespa.com

## Hotel Le Spa

All hotel rooms include full use of spa and leisure facilities, robe and slippers.

### Hotel Room

#### Single Room

Sunday to Thursday  
Friday and Saturday

(Rooms 1, 2 & 6)

£69.00 (single occupancy)  
£89.00 (single occupancy)

#### Medium Double or Twin Room

Sunday to Thursday  
Friday and Saturday

(Rooms 3, 7, 9 & 10)

£99.00  
£139.00

#### Luxury Double Room

Sunday to Thursday  
Friday and Saturday

(Rooms 5 & 11)

£129.00  
£159.00

## Overnight Spa Break Packages

### Stay Spa

Your stayspa break will include a 20minute facial per guest

£64.50pp Sunday to Thursday

### Couples Spa Break

Your break includes a double hotel room, an exhilarating 50 minute massage for gentlemen, and a wonderful 20 minute massage with a 20 minute facial for ladies.

£99.50pp

### Romantic Break

Your break includes a double hotel room, a complimentary bottle of champagne, a romantic three course evening meal and a 25 minute Back, Neck and Shoulder Massage per guest.

£112.50pp

**Room Checkout is at 10.00am: Should you wish to use the Spa Facilities on your day of departure, there will be a supplement of 15GBP per person or 20GBP per couple.**

*Terms and conditions apply, please note a £15 supplement per person will be charged for guests staying on a Saturday night.*

*Prices exclude VAT.*





*Linda Lloyd Detox*

[lespadetox.com](http://lespadetox.com)

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