



le spa



Day Spa



le spa

Two Gymnasias with qualified personal trainers

18 metre swimming pool with outdoor sun-terrace

Sauna, steam room and whirlpool spa

Garden hot tubs

Fitness studio

Beauty and Holistic Therapy

The Red Restaurant

Famine or Feast Bar

White Room

Relaxation & Sleep Room

Dining Terrace with Outdoor BBQ

lespa.com

## Day Spa Menu

Day Spa Packages include full use of spa and leisure facilities from 10.00 to 17.00!\*

<b>Ultimate Day Spa</b> One course lunch in The Red Restaurant Royal Orchid Facial with a Mini Manicure and Mini Pedicure	<b>£99.00</b>
<b>Relax and Re-energise</b> Royal Orchid Facial with Scalp Massage Back, Neck and Shoulder Massage	<b>£65.00</b>
<b>Stress Buster Day Spa</b> Back, Neck and Shoulder Massage, Foot, Face and Scalp Massage	<b>£65.00</b>
<b>Experience Day Spa</b> Royal Orchid Facial with Scalp Massage	<b>£45.00</b>
<b>Twilight Spa**</b> Royal Orchid Facial with Scalp Massage	<b>£35.00</b>
<b>Twilight Spa with dinner**</b> Royal Orchid Facial with Scalp Massage and a Two Course Evening Meal	<b>£49.50</b>
<b>Mother to be Day Spa</b> Royal Orchid Facial with a Mini Manicure or Pedicure	<b>£65.00</b>
<b>Le Spa Day of Inner Peace</b> Lomi Lomi Massage Royal Orchid Facial with Scalp Massage	<b>£125.00</b>
<b>Inch loss Day</b> A Slim Wrap including a Royal Orchid Facial, a Face and Scalp Massage Full Body Massage	<b>£125.00</b>
<b>Hen Party Day Spa</b> Girls, celebrate together and enjoy the fabulous facilities, two treatments, use of a private function room and a glass of bubbly to toast!*** <i>A choice of two of the following treatments:</i> • Royal Orchid Facial • Back, Neck and Shoulder Massage • Mini Manicure • Mini Pedicure • Dead Sea Salt Scrub • Body Polish	<b>£70.00</b>
<b>Detox Day Spa</b> One day introduction to Le Spa colonic detox programme to include an Ampuka Massage and a self administered Colonic Irrigation	<b>£85.00</b>

**Book an overnight stay at Hotel le spa, from only £49.50 per person**

**All Day Spa Packages are available online as a gift certificate**

\* Terms and conditions apply. \*\* Full use of spa and leisure facilities from 16.00 to 20.00

\*\*\* Minimum of 10 guests for use of the private function room, subject to availability

+ Please note a £15 per person supplement will apply for any Day Spas on a Saturday and the Experience Day Spa on a Friday.





*Linda Lloyd Detox*

[lespadetox.com](http://lespadetox.com)

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