

Le Spa Signature Treatments

**The hottest new Spa treatment around –
Hot Lava Shells Massage!**

Hot Lava Shells Full Body– 60 minutes: £80 £65

An amazingly relaxing full body massage using natural, beautiful, self-warming tiger striped clam shells. Warm smooth shells are expertly glided over the body with varying pressure, techniques and precision to reach the deepest aches and pains, alleviating stress and tension. Hydrating oils are used to moisturise the skin and the warming energy of the shells helps to revitalise and rebalance both body and mind.

Includes focused work on the stomach and solar plexus for maximum de-stressing. Emotional and physical energy is revitalised. You will feel renewed.

Hot Lava Shells Back massage – 30 minutes: £40 £35

This deeply relaxing back treatment uses the warm lava shells to treat the back and neck on a profound level achieving a firm, deep pressure. The heat radiating from the shells enables muscle tension to be treated and released, leaving you feeling stress free and rejuvenated.

Hot Stone Therapy Back - 35 minutes: £40 - Full Body - 80 minutes: £80

Working with thermotherapy your therapist will alternate hot and cold stones to provide a deep penetrating massage.

Stone therapy goes beyond the physical experience of typical massage and enters deeper dimensions of relaxation, health and well-being creating a positive approach to the “mind, body and spirit”

The Lomi Lomi Massage - 80 minutes: £75

Using specially blended Pattaya oils, this slow therapeutic massage is combined with lymphatic drainage techniques and hands on harmonizing massage to balance the mind and body, incorporating ‘muscle’ and ‘twin ball’ roller to release tension and restore positive energy.

Le Spa members receive a 10% discount!*